

Who! Me?



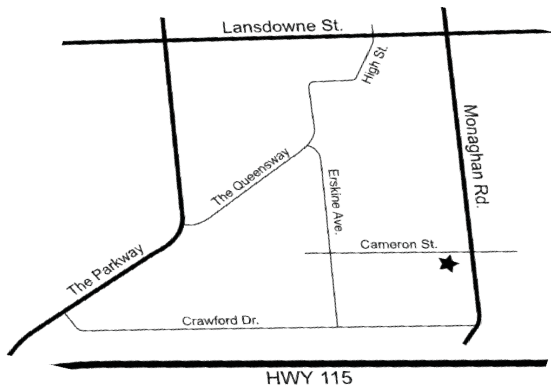
ALCOHOLICS ANONYMOUS

KAWARTHA DISTRICT 86

(705) 745-6111

www.peterboroughaa.org

625 Cameron St., Peterborough



UPDATED Aug 1, 2026.

*We welcome and appreciate the co-operation of
the medical profession and the help of the clergy*

KAWARTHA DISTRICT 86 AA MEETING LIST

SUNDAY

- 9:00 AM Morning Coffee (ON, OD)
ID: 759 483 2966 PW: 772466
- 10:00 AM Freedom Group (IP, OS)
Lions Centre, 347 Burnham St., East City
- 11:00 AM New Dawn Discussion (IP, CD)
625 Cameron St.
- 7:00 PM Liberty Group (IP, CD)
625 Cameron St.
- 7:00 PM Norwood Sunday Night Group (IP, OS)
United Church 4264 Hwy 7 Norwood

MONDAY

- 9:00 AM Morning Coffee (ON, OD)
ID: 759 483 2966 PW: 772466
- 12:00 PM The Lunch Club (ON, CD)
ID: 838 0539 4993 PW: 942955
- 1:00 PM Afternoon Discussion Meeting (IP, CD)
625 Cameron St.
- 7:00 PM Monday Night Discussion Group (IP, CD)
625 Cameron St.
- 7:00 PM The Women's Way in AA
(IP, CD, Women only)
United Church, 4264 Hwy 7 Norwood
- 7:00 PM South End Group (IP, OS)
Knights of Columbus Hall, 317 Hunter St.
- 7:00 PM Buckhorn Step Discussion (IP, CD)
Wesley Church, 2066 16 Line, Buckhorn
- 7:00 PM Focus on Recovery (ON CD)
ID: 306 147 595 PW: 101320

TUESDAY

- 9:00 AM Morning Coffee (ON, OD)
ID: 759 483 2966 PW: 772466
- 10:00 AM A New Beginning Group (IP, CD)
625 Cameron St.
- 12:00 PM Lunch Club (ON, CD)
ID: 838 0539 4993 PW: 942955
- 1:00 PM Afternoon Discussion Meeting (IP, CD)
625 Cameron St.
- 1:00 PM Midday Reflection Meeting (ON, CD)
ID: 399 590 999 PW: 449850
- 7:00 PM Liftlock Group (IP, OS)
625 Cameron St.
- 7:00 PM Lakefield United Group (IP, CD)
United Church, Regent St., Lakefield
- 7:30 PM Kawartha Freethinkers (IP, CD)
Activity Haven, 180 Barnardo Ave.

WEDNESDAY

- 9:00 AM Morning Coffee (ON, OD)
ID: 759 483 2966 PW: 772466
- 12:00 PM The Lunch Club (ON, CD)
ID: 838 0539 4993 PW: 942955
- 1:00 PM Mid-Day Group (IP, OS)
625 Cameron St.
- 3:00 PM Seeing Is Believing Group (IP, CD,
Women only)
625 Cameron St.
- 7:00 PM Coffee Club Group (HY, OS)
625 Cameron St.
ID: 506 892 272 PW: 350610
- 7:00 PM Northend 12 & 12 Discussion (IP, CD)
Northminster United Church, 300 Sunset Blvd.

THURSDAY

- 9:00 AM Morning Coffee (ON, OD)
ID: 759 483 2966 PW: 772466
- 12:00 PM The Lunch Club (ON, CD)
ID: 838 0539 4993 PW: 942955
- 1:00 PM Afternoon Discussion Meeting (IP, CD)
625 Cameron St.
- 1:00 PM Midday Reflections Meeting (ON, CD)
ID: 399 590 999 PW: 449850
- 5:00 PM The Believers – Step Study (IP, CD)
Murray St. Baptist Church, 175 Murray St.
- 7:00 PM The First 100 Big Book Study (IP, CD)
Activity Haven, 180 Barnardo Ave.
- 7:00 PM Borrowed Time Group (IP, OS)
All Saints Church, 235 Rubidge St.
- 7:00 PM Men's 12 & 12 Discussion Meeting (IP, CD)
625 Cameron St.
- 8:00 PM Open Mind Discussion Group (IP, CD)
United Church 10 Ontario St. Havelock

(OS) = Open Speaker (everyone welcome to attend)
(CD) = Closed Discussion (alcoholics only)
(OD) = Open Discussion (everyone welcome to attend)
(IP) = In Person
(ON) = Online Zoom Meeting
(HY) = Hybrid (in person and zoom online)

FRIDAY

- 9:00 AM Morning Coffee (ON, OD)
ID: 759 483 2966 PW: 772466
- 12:00 PM The Lunch Club (ON, CD)
ID: 838 0539 4993 PW: 942955
- 1:00 PM Afternoon Discussion Meeting (IP, CD)
625 Cameron St.
- 6:30 PM Newcomer's Meeting (ON, OD)
ID: 524 013 330PW: 350610
- 6:30 PM Queer Anon (IP, CD)
571 George St. North
- 7:00 PM Stonewall Group (IP, OS)
625 Cameron St.
- 8:00 PM Friendly Friday (ON, OS)
ID: 851 0323 9486 PW: 872256

SATURDAY

- 9:00 AM Morning Coffee (ON, OD)
ID: 759 483 2966 PW: 772466
- 11:00 AM Grapevine Meeting (IP, CD)
625 Cameron St.
- 7:00 PM New Life (IP, OS)
625 Cameron St.
- 7:00 PM Erin Discussion Group (IP, CD)
832 Charles St. Bridgenorth.

A.A. IN OTHER DISTRICTS

Lakeshore East & West Intergroup
(905) 728-1020

Victoria-Haliburton District 82
(705) 745-6111

Quinte West
(866) 951-3711

Quinte East
(877) 961-2134

Toronto Intergroup
(416) 487-5591

Hamilton Intergroup
(905) 522-8392

Ottawa Intergroup
(613) 237-6000

THE 12 STEPS

- 1

We admitted we were powerless over alcohol – that our lives had become unmanageable.
- 2

Came to believe that a Power greater than ourselves could restore us to sanity.
- 3

Made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4

Made a searching and fearless moral inventory of ourselves.
- 5

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6

Were entirely ready to have God remove all these defects of character.
- 7

Humbly asked Him to remove our shortcomings.
- 8

Made a list of all persons we had harmed, and became willing to make amends to them all.
- 9

Made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10

Continued to take personal inventory and when we were wrong promptly admitted it.
- 11

Sought through prayer and meditation to improve our conscious contact with God as we understood Him praying only for knowledge of His will for us and the power to carry that out.
- 12

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

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AA. World Services Incorporated

*God grant me the serenity
to accept the things I cannot change,
courage to change the things I can,
and wisdom to know the difference.*

THE 12 TRADITIONS

Our group experience suggests that:

- 1

Our common welfare should come first; personal recovery depends upon A.A. unity.
- 2

For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
- 3

The only requirement for A.A. membership is a desire to stop drinking.
- 4

Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
- 5

Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.
- 6

An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
- 7

Every A.A. group ought to be fully self-supporting, declining outside contributions.
- 8

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- 9

A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- 10

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
- 11

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
- 12

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

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ARE YOU AN ALCOHOLIC?

To answer this question, ask yourself the following questions and answer them as honestly as you can.

	Yes	No
1. Do you lose time from work due to drinking?	☐	☐
2. Is drinking making your home life unhappy?	☐	☐
3. Do you drink because you are shy with other people?	☐	☐
4. Is drinking affecting your reputation?	☐	☐
5. Have you ever felt remorse after drinking?	☐	☐
6. Have you gotten into financial difficulties as a result of drinking?	☐	☐
7. Do you turn to lower companions and an inferior environment when drinking?	☐	☐
8. Does your drinking make you careless of your family's welfare?	☐	☐
9. Has your ambition decreased since drinking?	☐	☐
10. Do you crave a drink at a definite time daily?	☐	☐
11. Do you want a drink the next morning?	☐	☐
12. Does drinking cause you to have difficulty in sleeping?	☐	☐
13. Has your efficiency decreased since drinking?	☐	☐
14. Is drinking jeopardizing your job or business?	☐	☐
15. Do you drink to escape from worries or trouble?	☐	☐
16. Do you drink alone?	☐	☐
17. Have you ever had a complete loss of memory as a result of drinking?	☐	☐
18. Has your physician ever treated your for drinking?	☐	☐
19. Do you drink to build up your self-confidence?	☐	☐
20. Have you ever been to a hospital or institution on account of drinking?	☐	☐

ACCORDING TO SOME EXPERTS...

If you have answered **YES to any one** of these questions, there is a definite warning that you may be alcoholic.

If you have answered **YES to any two**, the chances are that you are an alcoholic.

If you have answered **YES to three or more**, you are definitely an alcoholic.

THE PREAMBLE

Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is the desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

AL-ANON FAMILY GROUP MEETINGS

Newcomers Welcome!

www.al-anon.org

MONDAY

7:30 PM Friends in Hope Adult Children
St. John's Anglican Church, 99 Brock St.

TUESDAY

1:30 PM Courage to Change AFG
(Beginner's meeting 1pm)
St Luke's Anglican Church
566 Armour Rd.

8:00 PM 12 &12 AFG
Mark St. United Church, 90 Hunter St.

WEDNESDAY

7:30 PM Stone School AFG
Riverside Community Church,1040
Hilliard St. & Marina Blvd

SATURDAY

10:00 AM PEACE FOR PARENTS
Activity Haven Room 1,
180 Barnardo Avenue.